

## Is Animal Communication Your Professional Calling?

### WORKSHEET with Nedda Wittels

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Use this worksheet as you go through the exercise.

- 1) Thinking about your LAST or CURRENT job:
  - a) List the aspects of the job that you found most rewarding?
  
  
  
  
  
  
  
  
  
  
  - b) List the aspects of the job that you found least rewarding?
  
  
  
  
  
  
  
  
  
  
- 2) Thinking about your OWN business (now or in future):
  - a) List the aspects of having your own business that you would find most rewarding.
  
  
  
  
  
  
  
  
  
  
  - b) List the aspects of having your own business you feel would be most challenging for you?
  
  
  
  
  
  
  
  
  
  
- 3) Imagine you are doing an animal communication session for a client who is paying you for the session.
  - a) Where are you sitting?
  
  
  
  
  
  
  
  
  
  
  - b) Where is the animal?
  
  
  
  
  
  
  
  
  
  
  - c) What kind of animal is it?
  
  
  
  
  
  
  
  
  
  
  - d) Where is the human client?
  
  
  
  
  
  
  
  
  
  
  - e) What kind of information are you receiving from the animal?

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- f) What kind of feedback are you receiving from the human client as you tell this person what their animal has to say?
  
  - g) What does the human client expect from you?
  
  - h) What is your goal in this session?
  
  - i) How are you feeling as you facilitate the conversation?
  
  - j) How do you close the session?
  
  - k) Imagine now that the session has ended. How do you feel?
- 4) If you were able to do this type of work on a regular basis, how would you feel? Write down 2 or 3 words that best describe your feeling.
- 5) Now imagine that you are in a social situation. You might be at a party or on the beach or at someone's home for dinner. Someone you've just met asks you what you do for a living. Imagine telling the person that you are a professional animal communicator. How do you feel when you tell them? (List all the feelings that are coming up for you.)
- 6) Imagine telling a member of your family or a close friend that you are going to start a business communicating telepathically with animals. How do you feel as you tell this person?

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- 7) What are the biggest obstacles that might keep you from having your own animal communication business? (name at least 3)
- 8) Review the list of obstacles that you just created and to choose the one that is most challenging for you. Circle it.
- 9) What would be the biggest benefits for you in choosing to become an professional Animal Communicator? (name at least 3)
- 10) Review the list of benefits and choose the one that is most important for you. Circle it.
- 11) Ask your I Am Presence these questions:
- a) How will I know whether being a professional animal communicator is part of my path?
  
  
  
  
  
  
  
  
  
  
  - b) What is the first limiting belief that I need to change if I want to start my own A.C. business?
  
  
  
  
  
  
  
  
  
  
  - c) What do I need to release or let go in order to change this belief?
  
  
  
  
  
  
  
  
  
  
  - d) What do I need to accept in order to change this belief?
  
  
  
  
  
  
  
  
  
  
  - e) During the next 24 hours, what is the first action step I can take toward changing this belief?
- 12) What was the most important thing that you learned from this exercise?